



CHEERLEADING STUNT ACADEMY

Middle School Clinic

A great opportunity for athletes to gain knowledge and learn proper technique for all aspects of cheerleading. Athletes can attend with a group of friends or as an individual. Instructors will teach motions, chants, proper jump technique, body positioning, & flexibility. Stunting basics will also be taught.

****Incoming 6th-8th graders**

Monday, June 5th 8:30am—11:30pm

Cost: \$30

High School Clinic

A chance for athletes to review proper technique for motions & jumps. A chant, dance, & basic stunting will be included. Proper progressions will ensure stunt safety. Level of difficulty of stunts will be based on athletes' prior experience. Athletes can attend with a stunt group or as an individual. Instructors will be available to assist with basing & teaching.

Monday, June 5th 10:30am—3:30pm

***bring a water bottle & sack lunch**

Cost: \$40

Summer Clinics 2017

**Fine Arts Rm 2, Bettendorf High School,
3333 18th St, Bettendorf, IA**



***Early Bird Special! Sign up & pay for clinic by May 17th**

Receive a free t-shirt! Checks payable to: CSA, 1825 41st St., Rock Island, IL 61201

Complete the attached waiver & mail in with payment.