

# Bettendorf Middle School

## Athletic Guidelines

### I. Participation Requirements

#### A. Physical / Insurance

To participate in 7<sup>th</sup> & 8<sup>th</sup> grade Middle School athletic practices and games/meets, athletes must have a current (within one year) physical on record in the school office. In addition to the physical, an updated form showing proof of medical insurance is required.

#### B. Attitude / Cooperation

It is essential that athletes cooperate and show respect to/for all coaches, referees, school officials, teammates, and opponents.

### II. Academic Eligibility

Athletes are expected to take responsibility for their schoolwork. This includes completion of assignments and maintaining a passing grade. If a student is behind in assignments, is failing a class, or if a teacher feels he/she should be held out of an activity, the teacher will contact the coach, and a plan will be made with the student.

### III. Attendance

#### A. Athletes are expected to report at the beginning of the season.

1. The first week of the season includes the process of team selection.
2. If an athlete is unable to attend the practices in the first week, the coach should be notified prior to the start of the season.
  - a. Unless this notification is made, participants will not be placed on a team after the “selection” period.
  - b. Before an athlete is eligible to participate in contests, he/she must participate in the same number of practices as the rest of the team. (Ex. Three practices missed = athlete is eligible for contests three days after the first scheduled event.)
  - c. Exceptions will be made for students new to the school.

#### B. Notification of Absence

If an athlete knows that he/she will miss a practice or a game, he/she is responsible for notifying the coach in advance.

#### C. Minimizing Absences

Athletes should minimize absences by keeping up on work, avoiding after-school detentions, and scheduling other activities at different times.

D. After-School Behavioral Detentions / Work Make-Up

School responsibilities come first. If an athlete has to stay after school for **any** reason he/she should come to practice immediately following the after-school session.

E. Physical Education Participation

Students who do not participate in their regularly scheduled P.E. class will not be eligible to participate in the practice/game that day.

F. School Attendance

Students who attend less than ½ of the school day will not be eligible to participate in the practice/game that day.

G. Practice / Game Attendance

1. To be considered an excused absence, an athlete must present a parent/teacher note to the coach. This note must state the specific reason for absence.
2. Unexcused absences will include skipping practice, not having a note, and/or not supplying a specific reason for missing.
3. The coach will have the final discretion when determining if the absence is excused.
4. The coach will determine how many unexcused absences will be allowed before an athlete is dismissed from the team.

**IV. Behavior**

Any athlete who wishes to represent his/her school will be expected to follow the established rules whether it is during the school day, at a practice or game, riding on the bus, or visiting other schools. Disregarding these rules can result in suspension from practice or playing time.

**V. Termination from Team**

Flagrant misconduct (including disregard for team and/or school rules, multiple unexcused absences, multiple behavior detentions, or failure to keep up with school work) could cause an athlete to be permanently dismissed from the team.

**VI. Transportation Policy**

1. The district is responsible for the transportation as well as the safety of all athletes traveling to and from scheduled events; consequently, athletes are expected to ride the district transportation with the team.
2. If a parent chooses to take his/her child home from an event, a note from the parent must be signed by the BMS Athletic Director and given to the coach twenty-four hours in advance.
3. An athlete may not ride home with another parent unless a note from both parents is signed by the BMS Athletic Director and given to the coach twenty-four hours in advance.

**Bettendorf Middle School  
Athletic Guidelines**

Return this page to the athlete's coach.

Student name \_\_\_\_\_ Grade \_\_\_\_\_

Please read and sign the following:

I have read and understand the BMS athletic guidelines:

Athlete \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

**Bettendorf Middle School Athletics**  
**Emergency Form**

**Name:** \_\_\_\_\_

**Sport:**    Football    Volleyball    Basketball    Wrestling  
                 Swimming            Track            Cheerleading

**Grade:**    7th    8th

**Team:**    Black    Gold    Red    Blue

Address (Include city and zip):

\_\_\_\_\_

Date Of Birth\_\_\_\_/\_\_\_\_/\_\_\_\_ Age\_\_\_\_\_

Parent/Guardian Name(s) \_\_\_\_\_

Emergency phone numbers where a responsible adult can be reached:

Day: \_\_\_\_\_ Night: \_\_\_\_\_

Cell: \_\_\_\_\_

With which company do you have health and/or hospitalization insurance?

\_\_\_\_\_

Do you have any chronic health problems or limitations? Yes\_\_\_\_ No\_\_\_\_

Any allergies? Yes\_\_\_\_ No\_\_\_\_

Do you require a special diet? Yes\_\_\_\_ No\_\_\_\_

Do you require regular medication? Yes\_\_\_\_ No\_\_\_\_

If you answered **“Yes”** to any of the questions above, or if you feel there is any other information, of which it is necessary for us to be aware, please explain below.

**Bettendorf Middle School  
Parental Transport Release Form**

I hereby give my permission for

\_\_\_\_\_  
(Student's Name)

to travel with me following his/her athletic contest at

\_\_\_\_\_  
(Location)

on \_\_\_\_\_  
(Date)

I release the Bettendorf Community School District, Bettendorf Middle School, its employees, agents, representatives, and coaches from all liability, actions, debts, claims, or demands of every kind and nature resulting from the transportation arrangement referred to above.

\_\_\_\_\_  
(Parent's Signature)

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